

COUNSELING (COUN)

COUN 100 2.0 UNITS

Counselor Aide in the Community College

Class Hours: 2.0 Lecture

Total Contact Hours: 36 Lecture

This course is designed to familiarize the student with the functions and training in the techniques of the student counselor aide in a community college setting. (Formerly CG 100)

Transfer Credit: CSU

COUN 101A 0.5 UNITS

Orientation to college

Class Hours: 0.5 Lecture

Total Contact Hours: 9 Lecture

This course is designed to introduce first-time college students to services offered at Cerritos College; the history and mission of the system of higher education in California; policies and procedures that affect students at Cerritos College; and educational planning, including major and general education requirements and course sequencing.

As part of the course, students may tour the Cerritos College campus, acquainting themselves with the location and function of various offices and service providers. Each student will produce a short term educational plan specific to his or her educational goal. This course is offered on a pass/no pass basis only.

Transfer Credit: CSU

COUN 101B 1.0 UNITS

Educational Planning

Class Hours: 1.0 Lecture

Total Contact Hours: 18 Lecture

This course is designed to broaden students' understanding of the history and mission of the system of higher education in California, with particular emphasis on the role of the community college; policies and procedures that affect students at Cerritos College; the importance of educational planning. Students will gain college success skills, explore academic programs, and utilize student services intended to enhance students' overall educational and personal goals. This course allows students the opportunity to engage in career exploration in order to aid in the identification of one's major. Students will take part in developing a Comprehensive Student Education Plan specific to the student's educational goal. This course is offered on a pass/no pass basis only.

Transfer Credit: CSU

COUN 101C 1.0 UNITS

Navigating the Transfer Process

Class Hours: 1.0 Lecture

Total Contact Hours: 18 Lecture

This course provides an introduction to the transfer process for those students who plan to transfer to a college or university to complete a baccalaureate degree. Topics include the value of pursuing higher education, selection of a transfer institution, transfer requirements, admission procedures, and requirements for majors. This course is offered on a pass/no pass basis only.

Transfer Credit: CSU

COUN 110 1.0 UNITS

Career Planning

Class Hours: 1.0 Lecture

Total Contact Hours: 18 Lecture

This course is designed to help students understand the process of making informed choices pertaining to majors and careers. Students will learn about their values, interests, personality, skills, and personal experiences through career assessments and career development theories. They will connect this self-knowledge to occupational possibilities and college majors using career exploration resources to research options that may be a good fit. Students also learn tools, such as informational interviewing and goal-setting, that complement the decision-making process and career development.

Transfer Credit: CSU

COUN 150 3.0 UNITS

Dynamics of Leadership

Class Hours: 3.0 Lecture

Total Contact Hours: 54 Lecture

Recommendation: Courses taught at the level of Introduction to College Composition with a grade of "C" or higher or "Pass" or equivalent or appropriate placement based on the college's multiple measures process with eligibility for ENGL 100 or ENGL 100S or a course at the level of college reading.

This course is designed for students who wish to develop a deeper understanding and appreciation of the theories, principles, and techniques of leadership in a college or community-based organization.

It includes the study and practical application of group and individual leadership techniques. It is designed to improve awareness of group dynamics, listening skills, personal values, decision making, problem solving, and organizational development. It emphasizes critical analysis of leaders in the news, history, film, and/or literature. (Formerly CG 150)

Transfer Credit: CSU

COUN 200 3.0 UNITS

Success in College and Career

Class Hours: 3.0 Lecture

Total Contact Hours: 54 Lecture

Recommendation: Appropriate placement based on the college's multiple measures process with eligibility for ENG 100 or ENGL 100S or ESL 152.

This course will provide students with knowledge, information, and skills to better understand themselves as students, people, and members of the working world. It will assist them to establish life, career, educational, and personal goals and to develop plans and strategies to successfully meet those goals. (Formerly CG 200)

Transfer Credit: CSU; UC

COUN 205**Valuing Identity and Cultural Diversity**

Class Hours: 3.0 Lecture

Total Contact Hours: 54 Lecture

Recommendation: Courses taught at the level of Introduction to College Composition, or equivalent, or appropriate placement as determined by the college's multiple measures assessment process.

This course will examine the complexities of interpersonal relationships among cultures in our society including but not limited to identity, values, beliefs, communication, relationships, and community formation. The relationship between personality development and culture will also be explored to help further the student's growth in college and society. Throughout this course, students will work toward acknowledging, understanding, and interacting in a way that promotes dialogue, inclusion, and respect for cultural differences.

Transfer Credit: CSU; UC

COUN 210**Job Search Strategies**

Class Hours: 1.0 Lecture / 0.5 Laboratory

Total Contact Hours: 18 Lecture / 9 Laboratory

Recommendation: Completion or near completion of a degree program or certificate program or be actively seeking a new employment opportunity. This is an open entry/open exit, self-paced course designed to prepare students to manage their transition from college-to-work and/or work-to-work situations. Students will learn the fundamentals of the job search process. Students will learn to develop job search strategies, prepare print and electronic resumes and improve their interview skills. This course is offered on a credit/no credit basis only. (Formerly CG 210)

Transfer Credit: CSU

COUN 220**Transition to Universities**

Class Hours: 3.0 Lecture

Total Contact Hours: 54 Lecture

Recommendation: Courses taught at the level of Introduction to College Composition with a grade of "C" or higher or "Pass" or equivalent or appropriate placement based on the college's multiple measures process with eligibility for ENGL 100 or ENGL 100S or a course at the level of college reading.

This course is a presentation and discussion of college life transitions. It addresses effective decision-making activities and strategies for transfer students. Included are evaluation of education/career goals; analysis, comparison, and evaluation of university admissions standards; review of major preparations; and an introduction to post-graduate entrance requirements. Students will make on-site research/field visits to universities and review available student services. (Formerly CG 220)

Transfer Credit: CSU

3.0 UNITS**COUN 298****Directed Studies**

A course to provide opportunity for individual research and field projects under the direction of a faculty member in a given department. With the guidance of the faculty member, students prepare and carry out a written learning agreement describing the purposes and outcomes of the project. Students should expect to meet with the supervising faculty member one to two hours each week for conferences. Credit is based upon the number of hours in the semester expected to complete the project (1 unit for 54 hours). This course may be taken a maximum of 2 times. For selected disciplines, UC transfer credit may be possible after admission to a UC campus, pending review of appropriate course materials by UC staff. See a counselor for an explanation. (Formerly CG 298)

Transfer Credit: CSU

1.0 UNITS**COUN 299****Directed Studies**

A course to provide opportunity for individual research and field projects under the direction of a faculty member in a given department. With the guidance of the faculty member, students prepare and carry out a written learning agreement describing the purposes and outcomes of the project. Students should expect to meet with the supervising faculty member one to two hours each week for conferences. Credit is based upon the number of hours in the semester expected to complete the project (2 units for 108 hours). This course may be taken a maximum of 2 times. For selected disciplines, UC transfer credit may be possible after admission to a UC campus, pending review of appropriate course materials by UC staff. See a counselor for an explanation. (Formerly CG 299)

Transfer Credit: CSU

2.0 UNITS