

DANCE (DANC)

DANC 50 1.0 UNITS

Individualized Dance Development

Class Hours: 4.0 Laboratory
Total Contact Hours: 72 Laboratory

This course is designed to provide students the individualized opportunity to acquire and practice the dance skills necessary for participation in dance choreography created for regional and national dance festivals, conferences and competitions. This course is geared towards the preparation, attendance and participation in the regional and national American College Dance Association Conference adjudicated competitive concerts. This course may be taken a maximum of 4 times.

DANC 100 3.0 UNITS

Dance Appreciation

Class Hours: 3.0 Lecture
Total Contact Hours: 54 Lecture

This course offers study styles, artists, and the cultural/historical characteristics of dance as an art form and social expression. Topics for study will include current events, and popular trends. Materials are presented through lectures, video examples, class discussion, and attendance at live dance concerts.

Transfer Credit: CSU; UC

DANC 101 3.0 UNITS

History of Dance

Class Hours: 3.0 Lecture
Total Contact Hours: 54 Lecture

Students will study dance history from ancient to modern times, beginning with tribal, ethnic and folk dance and on through contemporary ballet, modern and jazz dance.

Transfer Credit: CSU; UC

DANC 102 1.0 UNITS

Introduction to Adaptive Dance

Class Hours: 0.5 Lecture / 1.5 Laboratory
Total Contact Hours: 9 Lecture / 27 Laboratory

This course introduces elements of multiple dance genres for individuals with disabilities. Students will explore the benefits of breath, components of weight-shifting and gravity, as well as rhythm and space. This course will encourage proprioception, mind body connection, and coordination, and decision-making through choreographic choices. This course is not open to students who have completed PEX 104D.

Transfer Credit: CSU; UC

DANC 103 1.0 UNITS

Dance Conditioning and Alignment

Class Hours: 0.5 Lecture / 1.5 Laboratory
Total Contact Hours: 9 Lecture / 27 Laboratory

This course is designed to provide a conditioning program for dance technique classes involving exercises from multiple dance conditioning modalities. Exercises are designed to increase dance specific body awareness, placement, and performance by increasing strength, flexibility, and endurance. This course is not open to students who have completed PEX 157.

Transfer Credit: CSU; UC

DANC 104 1.0 UNITS

Cardio Barre Conditioning

Class Hours: 0.5 Lecture / 1.5 Laboratory
Total Contact Hours: 9 Lecture / 27 Laboratory

This course is designed to provide a complete conditioning program for the aspiring dancer or fitness enthusiast, involving exercises based on ballet-based group fitness. These exercises are designed to increase body functioning and alignment by increasing cardiovascular health, flexibility, and muscular strength. This course is not open to students who have taken PEX 137.

Transfer Credit: CSU; UC

DANC 105 3.0 UNITS

Introduction to Dance Movement

Class Hours: 2.0 Lecture / 3.0 Laboratory
Total Contact Hours: 36 Lecture / 54 Laboratory

Students will be introduced to the study of beginning dance movement through a variety of dance styles. For each dance form, proper body alignment, technique and aesthetics of the dance style will be presented in a dance class format, including technical warm ups and movement combinations.

Transfer Credit: CSU; UC

DANC 106A 2.0 UNITS

Beginning Ballet

Class Hours: 1.0 Lecture / 3.0 Laboratory
Total Contact Hours: 18 Lecture / 54 Laboratory

Students will study basics of ballet terminology and technique. Emphasis is on body alignment, coordination and musicality.

Transfer Credit: CSU; UC

DANC 106B 2.0 UNITS

Intermediate Ballet

Class Hours: 1.0 Lecture / 3.0 Laboratory
Total Contact Hours: 18 Lecture / 54 Laboratory

Students will study the advanced terminology and technique of classical ballet.

Transfer Credit: CSU; UC

DANC 106C 2.0 UNITS

Advanced Ballet

Class Hours: 1.0 Lecture / 3.0 Laboratory
Total Contact Hours: 18 Lecture / 54 Laboratory

Students will study the advanced terminology and technique of classical ballet.

Transfer Credit: CSU; UC

DANC 107 2.0 UNITS

Ballet Variations

Class Hours: 1.0 Lecture / 3.0 Laboratory
Total Contact Hours: 18 Lecture / 54 Laboratory

This course is designed to continue the development of technical ballet skills with emphasis on developing physical and artistic expression through the execution of classical and contemporary variations.

Transfer Credit: CSU; UC

<p>DANC 108A Dance, Modern, Beginning Class Hours: 1.0 Lecture / 3.0 Laboratory Total Contact Hours: 18 Lecture / 54 Laboratory</p> <p>Students will study the expressive body movements in a creative art form. Emphasis will be on developing modern dance skills and technique as well as conditioning the body by improving posture, flexibility, strength, and coordination. Transfer Credit: CSU; UC</p>	<p>2.0 UNITS</p>	<p>DANC 115 Liturgical Dance Class Hours: 1.0 Lecture / 3.0 Laboratory Total Contact Hours: 18 Lecture / 54 Laboratory</p> <p>This course is the study of Liturgical dance, with an emphasis placed on recognizing the history and influences of sacred and secular dance forms. Traditional and contemporary functions and practices in Liturgical Dance will be explored through the fusion of African, ballet, modern, jazz, contemporary, and hip hop dance techniques, to express theological concepts. Transfer Credit: CSU; UC</p>	<p>2.0 UNITS</p>
<p>DANC 108B Dance, Modern, Intermediate Class Hours: 1.0 Lecture / 3.0 Laboratory Total Contact Hours: 18 Lecture / 54 Laboratory</p> <p>Students will study intermediate level modern skills and will utilize basic movement and music principles to choreograph dance sequences. Transfer Credit: CSU; UC</p>	<p>2.0 UNITS</p>	<p>DANC 120 Partnering for Dance Class Hours: 1.0 Lecture / 3.0 Laboratory Total Contact Hours: 18 Lecture / 54 Laboratory</p> <p>Students will study partner dancing involving groups of two or more dancers. It will serve as an introduction to the art of partnering in modern, jazz, and classical choreography. Not limited to male/female partnering, students will study choreography involving any body contact or shifting of weight from one individual to another. Transfer Credit: CSU; UC</p>	<p>2.0 UNITS</p>
<p>DANC 108C Dance, Modern Advanced Class Hours: 1.0 Lecture / 3.0 Laboratory Total Contact Hours: 18 Lecture / 54 Laboratory</p> <p>Students will study advanced level modern dance skills with an emphasis placed on learning the vocabulary and techniques of the main classical modern dance techniques including, but not limited to, Martha Graham, Lester Horton, Jose Limon, and Merce Cunningham. Transfer Credit: CSU; UC</p>	<p>2.0 UNITS</p>	<p>DANC 121 Latin Social Dance Class Hours: 1.0 Lecture / 3.0 Laboratory Total Contact Hours: 18 Lecture / 54 Laboratory</p> <p>This course is an overview of Latin social dance including tango, salsa, meringue, paso doble, bolero, mambo and cha cha. Areas of study include movement theory, dance, vocabulary, performance, etiquette and dance history. Transfer Credit: CSU; UC</p>	<p>2.0 UNITS</p>
<p>DANC 109 Introduction to Dance Cultures of the World Class Hours: 1.0 Lecture / 4.0 Laboratory Total Contact Hours: 18 Lecture / 72 Laboratory</p> <p>Students will study dance styles representative of different cultures and nationalities. Introduction to many different dance forms will be explored, taking into consideration historical background, related folklore and how dance differs from culture to culture. Transfer Credit: CSU; UC</p>	<p>2.0 UNITS</p>	<p>DANC 122 Middle Eastern Dance Class Hours: 1.0 Lecture / 3.0 Laboratory Total Contact Hours: 18 Lecture / 54 Laboratory</p> <p>The course will introduce students to the history of Middle Eastern dance in its different forms and styles. The evolution of the dance form from its traditional styles to a fusion of Eastern and Western dance styles is also presented. Transfer Credit: CSU; UC</p>	<p>2.0 UNITS</p>
<p>DANC 110 Commercial Dance Foundations Class Hours: 1.0 Lecture / 3.0 Laboratory Total Contact Hours: 18 Lecture / 54 Laboratory</p> <p>This course is designed to emphasize movement fundamentals used for commercial dance work in film, concert dance, television and industrial shows and commercials. It offers instruction in foundational and current trends of popular dance. Transfer Credit: CSU; UC</p>	<p>2.0 UNITS</p>	<p>DANC 123 African Dance Class Hours: 1.0 Lecture / 3.0 Laboratory Total Contact Hours: 18 Lecture / 54 Laboratory</p> <p>This course introduces students to selected dances of Africa through the practice of steps and choreography. Music and history of the dances studied with their social and religious significance in African culture are presented. Emphasis is placed on coordination of polyrhythmic body movements with the music. Transfer Credit: CSU; UC</p>	<p>2.0 UNITS</p>
<p>DANC 112 Contemporary Dance Class Hours: 1.0 Lecture / 3.0 Laboratory Total Contact Hours: 18 Lecture / 54 Laboratory</p> <p>This course is the study of current contemporary dance techniques with an emphasis placed on recognizing the vocabulary and influences of multiple contemporary dance genres. Studies will include, but not be limited to, concert based forms, such as release technique, counter technique, and inversion techniques, as well as television and competition-based commercial styles. Transfer Credit: CSU; UC</p>	<p>2.0 UNITS</p>		

<p>DANC 124 Hip Hop Dance I Class Hours: 1.0 Lecture / 3.0 Laboratory Total Contact Hours: 18 Lecture / 54 Laboratory</p> <p>This course covers the various forms of beginning hip hop dance including a basic history of hip hop dance and the aligned movement vocabulary, terminology, and social/theatrical codifications. Transfer Credit: CSU; UC</p>	<p>2.0 UNITS</p>	<p>DANC 129 Heels Dance Class Class Hours: 1.0 Lecture / 3.0 Laboratory Total Contact Hours: 18 Lecture / 54 Laboratory</p> <p>Students will study dance techniques and trends performed in heeled shoes. Current and historical genres such as Waacking, Voguing, and Stiletto Heels Dance from the Femme Hip Hop and commercial dance worlds will be explored through movement, philosophy, and dance technique studies. Transfer Credit: CSU; UC</p>	<p>2.0 UNITS</p>
<p>DANC 125 Introduction to Ballroom Dance Class Hours: 1.0 Lecture / 3.0 Laboratory Total Contact Hours: 18 Lecture / 54 Laboratory</p> <p>This course is designed to introduce ballroom dancing through the understanding of history, music, and performance opportunities. Basic steps, variations and styling techniques for the fox trot, waltz, swing, cha cha, tango, bolero, rhumba, samba and other selected styles will be included. Transfer Credit: CSU; UC</p>	<p>2.0 UNITS</p>	<p>DANC 130 Dance Improvisation Class Hours: 1.0 Lecture / 3.0 Laboratory Total Contact Hours: 18 Lecture / 54 Laboratory</p> <p>Students will study theories and practices of dance improvisation. Students will learn about improvisational dance strategies and structures, playing with space, time, energy, and intention. Transfer Credit: CSU; UC</p>	<p>2.0 UNITS</p>
<p>DANC 126 Hip Hop Dance II Class Hours: 1.0 Lecture / 3.0 Laboratory Total Contact Hours: 18 Lecture / 54 Laboratory</p> <p>This course encompasses the study of today's evolving hip hop dance trends and includes a contemporary history of hip hop dance. Study will focus on the current movement styles and include the vocabulary, terminology, and social/theatrical codifications as it is demonstrated in formal (theater) and informal (studio) settings. Transfer Credit: CSU; UC</p>	<p>2.0 UNITS</p>	<p>DANC 130A Beginning Choreography Class Hours: 1.0 Lecture / 3.0 Laboratory Total Contact Hours: 18 Lecture / 54 Laboratory</p> <p>Students will study the basic elements of dance composition as well as learn about well-known choreographers and their work. The study will include the selection of movement appropriate to the meaning of a dance, the arrangements of movement in space, the use of tempo, and the overall design of the dance and its staging. Transfer Credit: CSU; UC</p>	<p>2.0 UNITS</p>
<p>DANC 127 Ballet Folklorico Class Hours: 1.0 Lecture / 3.0 Laboratory Total Contact Hours: 18 Lecture / 54 Laboratory</p> <p>This course is an introduction to the history and techniques of Ballet Folklorico through a study of its multiple regional styles. The evolution of the dance, from its indigenous roots, to a fusion of Latin and European dance styles will be explored. Transfer Credit: CSU; UC</p>	<p>2.0 UNITS</p>	<p>DANC 130B Intermediate Choreography Class Hours: 1.0 Lecture / 3.0 Laboratory Total Contact Hours: 18 Lecture / 54 Laboratory</p> <p>Students will study choreographic techniques and styles used in dance composition as well as research current choreographers and their work. The study will include the structure and phrasing of movement appropriate to the meaning of a dance. The intermediate studies will include the use of compositional structures and choreographic tools used to manipulate movement phrases for formal concert presentations on the proscenium stage and their overall effect on the dance. Transfer Credit: CSU; UC</p>	<p>2.0 UNITS</p>
<p>DANC 128 Latin Dance Performance Class Hours: 1.0 Lecture / 3.0 Laboratory Total Contact Hours: 18 Lecture / 54 Laboratory</p> <p>This course is a continued overview of Latin partnering dances including tango, salsa, merengue, bachata, cumbia, mambo and cha cha. Areas of study include performance technique, open shine work, styling, and choreography execution. Transfer Credit: CSU; UC</p>	<p>2.0 UNITS</p>	<p>DANC 131 Dance Movement Analysis Class Hours: 3.0 Lecture Total Contact Hours: 54 Lecture</p> <p>This course is the study of basic dance movement analysis using elementary movement analysis and notation systems such as Labannotation, Bartenieff Fundamentals, and other methods of movement codification. These systems are taught by using video, terminology, graphs, scores, and other visual aids. Transfer Credit: CSU;UC</p>	<p>3.0 UNITS</p>

<p>DANC 132 Dance and Technology Class Hours: 3.0 Lecture Total Contact Hours: 54 Lecture</p> <p>Recommendation: Basic computer skills and dance knowledge recommended.</p> <p>This course is the study of how technology has historically and is currently being used in the field of dance. Emphasis will be placed on the various technologies that currently impact the art of dance. The majority of topics in the course will be related to the art of dance and how it interacts with the film, editing, and digital arts. Basic computer and dance skills are recommended for successful completion of this course. Transfer Credit: CSU</p>	<p>3.0 UNITS</p>	<p>DANC 138 Dance Teaching Methods Class Hours: 2.0 Lecture / 3.0 Laboratory Total Contact Hours: 36 Lecture / 54 Laboratory</p> <p>This course introduces students to pedagogical principles of dance education. Students will explore methods of dance studio teaching with a focus on class format and management, teaching styles for student-centered learning, multiple intelligence-based cueing, music accompaniment, and genre-specific choreography. Transfer Credit: CSU</p>	<p>3.0 UNITS</p>
<p>DANC 133 Dance Production Class Hours: 6.0 Laboratory Total Contact Hours: 108 Laboratory</p> <p>Students will study the elements of dance production such as choreography, lighting, design, costume design, music, and concert publicity. Students will choreograph and perform in the concert or work backstage as part of the technical crew. Transfer Credit: CSU; UC</p>	<p>2.0 UNITS</p>	<p>DANC 140 Beginning Jazz Dance Class Hours: 1.0 Lecture / 3.0 Laboratory Total Contact Hours: 18 Lecture / 54 Laboratory</p> <p>This course is an introduction to jazz dancing techniques and styles. Emphasis is on mastering the fundamental skills basic to jazz dance technique and artistic performance. Transfer Credit: CSU;UC</p>	<p>2.0 UNITS</p>
<p>DANC 134 Dance Performance Class Hours: 6.0 Laboratory Total Contact Hours: 108 Laboratory</p> <p>Students will study the aspects of dance performance through participation in the semester dance concert. Emphasis is placed on improving classroom dance technique and elevating skills to a performance level. Transfer Credit: CSU; UC</p>	<p>2.0 UNITS</p>	<p>DANC 141 Intermediate Jazz Dance Class Hours: 1.0 Lecture / 3.0 Laboratory Total Contact Hours: 18 Lecture / 54 Laboratory</p> <p>Prerequisite: TH 140 or DANC 140 or equivalent with a grade of Credit/ Pass or "C" or higher.</p> <p>This course is a continuation of the development of jazz dance techniques and style begun in TH 140 or DANC 140. Emphasis is on mastery of more complicated jazz dance combination patterns and their performance. Transfer Credit: CSU;UC</p>	<p>2.0 UNITS</p>
<p>DANC 135 Dance Workshop Class Hours: 6.0 Laboratory Total Contact Hours: 108 Laboratory</p> <p>Students will study the technical dance skills in ballet, jazz and modern dance. The course includes exploration of the elements of composition and affords the opportunity to experiment with improvisation and set choreography. Students will work on individual and group projects and participate in the faculty dance concert. Transfer Credit: CSU; UC</p>	<p>2.0 UNITS</p>	<p>DANC 142 Beginning Tap Dance Class Hours: 1.0 Lecture / 3.0 Laboratory Total Contact Hours: 18 Lecture / 54 Laboratory</p> <p>This course is an introduction to basic tap dance techniques and styles. Emphasis is on mastery of basic tap dance steps, rhythms, combination patterns and their performance. Transfer Credit: CSU;UC</p>	<p>2.0 UNITS</p>
<p>DANC 136 Dance Repertory Class Hours: 6.0 Laboratory Total Contact Hours: 108 Laboratory</p> <p>Prerequisite: Audition This course provides structured rehearsal and performance experience through the study of a repertory of dances in the styles of ballet, modern, jazz, dance theatre, and social and/or folk dance. Students are required to participate in performances on campus as well as in the community with a culminating project that includes attendance at the American College Dance Association (ACDA) Conference with participation in their regional and national adjudicated concert competitions. This course may be taken a maximum of 4 times. Transfer Credit: CSU; UC</p>	<p>2.0 UNITS</p>	<p>DANC 143 Intermediate Tap Dance Class Hours: 1.0 Lecture / 3.0 Laboratory Total Contact Hours: 18 Lecture / 54 Laboratory</p> <p>Prerequisite: TH 142 or DANC 142 or equivalent with a grade of Credit/ Pass or "C" or higher.</p> <p>This course is a continuation of the development of tap dance techniques and style begun in TH 142 or DANC 142. Emphasis is on mastery of more complicated tap dance steps, rhythms, combination patterns, and their performance. Transfer Credit: CSU;UC</p>	<p>2.0 UNITS</p>

DANC 144 2.0 UNITS**Dance for Musical Theatre**

Class Hours: 1.0 Lecture / 3.0 Laboratory

Total Contact Hours: 18 Lecture / 54 Laboratory

This course is an introduction to musical theatre dance styles, techniques and repertory. Emphasis is on mastering the fundamental skills and styles basic to musical theatre dance technique and performance.

Transfer Credit: CSU; UC

DANC 150 2.0 UNITS**Rehearsal For Formal Dance Concerts**

Class Hours: 6.0 Laboratory

Total Contact Hours: 108 Laboratory

Students will study professional level standards of dance rehearsal etiquette and choreographic retention while experiencing the development of a concert dance piece over an extended rehearsal period.

Transfer Credit: CSU; UC

DANC 151 2.0 UNITS**Rehearsal For Informal Dance Showcases**

Class Hours: 6.0 Laboratory

Total Contact Hours: 108 Laboratory

Students will study appropriate rehearsal etiquette for the development of an informal concert dance piece.

Transfer Credit: CSU; UC