

COMMUNITY HEALTH WORKER (CERT)

HED 104	Introduction to Health and Society
HED 200	Nutrition for Health, Fitness and Wellness

CERTIFICATE OF ACHIEVEMENT

The Certificate of Achievement for Community Health Worker (CHW) will prepare the student to assist individuals in accessing health care services, recognize the specific needs of the community, collect community data to improve health education efforts, and network with public health, clinical, and social service agencies. The student will learn to interpret and monitor community health data for improvement in population well-being, explore possible environmental or systemic causes of adverse health conditions, identify need for changes in policies to improve the health and safety of the community, and investigate legal and regulatory actions for greater understanding of services. Students will be able to assist specific populations in communities by improving access to health care services, increase access to health screenings, help the community members in better understanding the health and social service system, facilitate communication between community members and health providers, provide increased use of health care services, work to improve adherence to health recommendations, and strive to reduce the need for emergency and specialty services.

Program Student Learning Outcomes

- Describe the concepts of healthy living, lifelong wellness, and stress reduction techniques
- Distinguish the components of the U.S. health systems as it relate to their options in healthcare
- Explain the importance of interpersonal relationships and health
- Identify the behavior concepts that enhance their quality of life

Program Requirements

Code Number	Course Title	Units
Required Courses		
HED 100	Contemporary Health Problems	3.0
HED 102	Introduction to Public Health	3.0
or HO 102	Introduction to Public Health	
HED 110	Community First Aid and CPR	3.0
or KIN 110	Community First Aid and CPR	
HED 201	Principles of the Community Health Worker	3.0
HED 202	Health Systems and Perspectives	3.0
HED 204	Work Experience in Community Health Worker	1.0
MATH 112	Elementary Statistics	4.0-4.5
or MATH 112S	Enhanced Elementary Statistics	
or PSYC 210	Elementary Statistics	
Total Units		20-20.5

Recommended Courses

Code Number	Course Title	Units
MA 161	Medical Terminology	
HED 101	Stress Management	
HED 103	Women, Their Bodies and Health	
or WGS 103	Women, their Bodies and Health	