

SUBSTANCE ABUSE COUNSELING SERVICES

Alcohol/Drug Abuse Counseling, Treatment, Rehabilitation Information

Referral information and Social Service Directories for Los Angeles and Orange Counties are available at the following location:

Student Health Services, Ext. 2321. Cerritos College supports the holistic well-being of our students. Student Health Services (SHS) is a campus confidential source that can assist you with substance use support such as assessment, cessation, and treatment or support group referrals for alcohol, opioids, prescription or "illicit street" medications, tobacco/vape, steroids, cannabis, and/or inhalants. You may also assess your own alcohol drinking patterns using the following Centers for Disease Control & Prevention (CDC) & Responsibility.org online tools.

For more details, please visit <https://www.cerritos.edu/support/student-health-services/AlcoholSubstanceResources.htm>.

Campus Bases Resources: Cerritos College Student Health Services

- Alcohol Misuse: Screening and Behavioral Interventions as recommended by the USPSTF
- Screening and interventions for substance use.
- Referrals to Community Based Substance Use & Treatment Services
- Brief individual therapy with Student Health Mental Health Services
- Crisis Counseling: Student Health Mental Health Services offers same-day crisis hour appointments
- Substance Use & Alcohol misuse classroom, event, and personal education requests
- Health Fairs & Falcon Square tabling events, & Welcome Day

Narcan Saves Lives training is available through SHS in accordance with the Campus Opioid Safety Act, along with free intranasal Narcan doses and Fentanyl Test Strips. Click for training: [Free Narcan - Cerritos College](#)

For more details, please visit <https://www.cerritos.edu/support/student-health-services/services/mw.htm>.